

AMANA TRUST BIBLE STUDIES

Lesson 10

In the Spirit

Bible reading

Please pray over these verses.

Romans 8:2, 4, 6, 10-11, 14

2 For the law of the Spirit of life has freed me in Christ Jesus from the law of sin and of death.

4 That the righteous requirement of the law might be fulfilled in us, who do not walk according to the flesh but according to the spirit.

6 For the mind set on the flesh is death, but the mind set on the spirit is life and peace.

10 But if Christ is in you, though the body is dead because of sin, the spirit is life because of righteousness.

11 And if the Spirit of the One who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who indwells you.

14 For as many as are led by the Spirit of God, these are sons of God.

Introduction

We can overcome the bondage of the law of sin in the flesh by experiencing the marvellous freeing of the law of the Spirit of life in our regenerated spirit. This enables us to enjoy all the riches of the divine life in our entire tripartite being.

Bible study reading

Please prayerfully read through the following portions of ministry related to this lesson.

In Romans 8 is the freedom in the Spirit without law by the indwelling Christ unto life and peace. In the Spirit you are set free from sin and death. In the Spirit you enjoy life because you have the law of the Spirit of life (v. 2). This divine life can be enjoyed in all three parts of our being. First, this life is in our spirit (v. 10). Then we enjoy this life in our mind (v. 6). Finally, we can enjoy this life in our mortal body (v. 11). If we walk according to the spirit, the righteous requirements of the law will be fulfilled (v. 4), and we will be led as the sons of God (v. 14). (*Elders' Training, Book 6: The Crucial Points of the Truth in Paul's Epistles*, ch. 2, section 3)

Romans 8 is a sharp contrast to Romans 7. Romans 7 has bondage; Romans 8 has freedom. Romans 7 has the law; Romans 8 has the Spirit. Romans 7 has our flesh; Romans 8 has our spirit. Moreover, Romans 7 has the indwelling sin. According to Romans 8 what indwells us? It is Christ, the indwelling Christ. In Romans 7 we have the indwelling sin as the main factor of all wretchedness. In Romans 8 we have the indwelling Christ as the factor of all blessedness.

He is "the Spirit of life," He is "the Spirit of God," and He is also "the Spirit of Christ" indwelling us that He may impart Himself as life to us. Christ not only imparts life to our spirit (v. 10), but also to our minds (v. 6) and to our mortal bodies (v. 11). (*Life-study of Romans*, msg. 16, section 1)

As Christ now is the life-giving Spirit indwelling our spirit as our life and our everything, we should no longer act on our own according to our independent mind. We must keep our mind one with our spirit and act, walk and have our being according to the spirit that we might be freed from the law of sin and from the flesh and that we might spontaneously fulfill the righteous requirement of the law of God. (*Life-study of Romans*, msg. 15, section 4)

Going deeper

Please read or listen to these materials for an in-depth study of this lesson.

Further reading:

[*Life-study of Romans*, msg. 14, The Freedom of the Spirit in Our Spirit \(1\)](#)

[*Life-study of Romans*, msg. 15, The Freedom of the Spirit in Our Spirit \(2\)](#)

Radio broadcast link:

Broadcast 15, [*The Freedom of the Spirit in Our spirit \(1\)*](#)

Broadcast 17, [*The Freedom of the Spirit in Our spirit \(3\)*](#)

Footnotes from [Recovery Version of the New Testament](#):

Romans 8:2, footnotes 1-3

Romans 8:6, footnote 1

Romans 8:9, footnote 4

Questions for personal or corporate study:

References in brackets indicate readings or broadcasts that may be helpful in answering the questions.

- Explain the clear contrast presented by the apostle Paul between being in the flesh and being in the Spirit in Romans 7—8. (*Life-study of Romans*, msg. 16, section 1)
- Consider the use of the word *life* presented in Romans 8; in what way could we describe this as the fourfold life? (Romans 8:2, footnote 3, Recovery Version)
- In what ways can we best cooperate with Christ as the indwelling Spirit to enable Him to spread as life into every part of our being? (Romans 8:6, footnote 1; *Life-study of Romans*, msg. 15, section 4; Broadcast 17)

Works Cited

Lee, Witness. *Elders' Training, Book 6: The Crucial Points of the Truth in Paul's Epistles*. Anaheim: Living Stream Ministry, 1985. www.ministrybooks.org

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Bower House, Orange Tree Hill, Romford, Essex, RM4 1PB